



## Skills Progression – Striking & Fielding

EYFS To develop and refine a range of ball skills including: throwing, catching, kicking, passing, batting and aiming

Y1 To be able to move and stop safely

Y1 To be able to throw underarm

Y1 To begin to catch more consistently

Y1 To be able to strike with a racket or bat

Y2 To be able to send and receive

Y2 To be able to decide the best space to be in during a game

Y2 To be able to follow rules

Y2 To use hand-eye coordination to control a ball

Y2 To be able to catch a variety of objects

Y3 To be able to throw and catch with control

Y3 To be aware of space and use it to support team-mates and to cause problems for the opposition

Y3 To know and use rules fairly

Y4 To be able to catch with one hand

Y4 To be able to hit, bowl, throw and catch with increasing accuracy

Y4 To be able to vary my tactics and adapt my skills depending on what is happening in a game

Y5 To be able to use a range of techniques when fielding

Y5 To be able to hit, throw, bowl and catch accurately and with control

Y6 To be able to play competitive games to agreed rules

Y6 To be able to explain rules to others

Y6 To be able to communicate a plan to my team

Y6 To be able to use a range of techniques with confidence and skill in a game situation

