



## Skills Progression – Dance

EYFS To progress towards a more fluent style of moving, with developing control and grace

Y1 To be able to perform dance moves

Y2 To be able to change rhythm, speed, level and direction in my dance

Y2 To be able dance with some control and coordination

Y2 To be able to perform dances using simple movement patterns

Y3 To be able to improvise freely and translate ideas from a stimulus into movement

Y3 To be able to share and create phrases with a partner and small group

Y3 To be able to repeat, remember and perform phrases

Y4 To be able to use dance to communicate an idea through a range of movements and patterns

Y5 To be able to compose my own dances in a creative way

Y5 To be able to perform to an accompaniment

Y5 To be able to perform a dance which shows clarity, fluency, accuracy and consistency

Y6 To be able to develop sequences in a specific style

Y6 To be able to choose my own music and style

Y6 To be able to perform dances using simple movement patterns

