



**City in the Community – Premier League Primary Stars**

**Long Term Plan**

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	Fundamental Movement Skills (FMS)	Fundamental Movement Skills (FMS)	Sending and Receiving	Sending and Receiving	Invasion Games	Run, Throw, Jump (Athletics)
Year 2	Fundamental Movement Skills (FMS)	Fundamental Movement Skills (FMS)	Sending and Receiving	Sending and Receiving	Invasion Games	Run, Throw, Jump (Athletics)
Year 3	Fundamental Movement Skills (FMS)	Sending and Receiving	Sending and Receiving	Attacking and Defending	Invasion Games	Run, Throw, Jump (Athletics)
Year 4	Fundamental Movement Skills (FMS)	Sending and Receiving	Attacking and Defending	Attacking and Defending	Invasion Games	Run, Throw, Jump (Athletics)
Year 5	Fundamental Movement Skills (FMS)	Sending and Receiving	Attacking and Defending	Attacking and Defending	Invasion Games	Run, Throw, Jump (Athletics)
Year 6	Fundamental Movement Skills (FMS)	Sending and Receiving	Attacking and Defending	Attacking and Defending	Invasion Games	Run, Throw, Jump (Athletics)

If KS1 are showing that their fundamental movement skills are where they are expected to be in the middle of half term 2, then we would look to start them on their sending and receiving topic earlier.