

Personal, Social and Emotional	Nursery	Development Matters (3-4 years)	<p><u>Self-Regulation</u></p> <p>Children will separate from main carer to come into nursery.</p>	<p><u>Jigsaw</u></p> <p>I know how it feels to be proud of something I am good at.</p>	<p><u>Jigsaw</u></p> <p>understand what a challenge means</p>	<p><u>Jigsaw</u></p> <p>I know the names for some parts of my body and am starting to understand that I need to be active to be healthy</p>	<p><u>Jigsaw</u></p> <p>I can tell you about my family</p>	<p><u>Jigsaw</u></p> <p>I can name parts of my body and show respect for myself</p>
			<p><u>Managing Self</u></p> <p>Children will know the class rules:</p> <ul style="list-style-type: none"> <li>- Good looking</li> <li>- Good listening</li> <li>- Hands in the bucket</li> </ul> <p>Children will know to wash and dry their hands before eating and after using the toilet (linked to PD).</p>	<p>I can tell you one way I am special and unique.</p> <p>I know that all families are different.</p> <p>I know there are lots of different houses and homes.</p> <p>I can tell you how I could make new friends.</p>	<p>I can keep trying until I can do something</p> <p>I can set a goal and work towards it</p> <p>I know some kind words which can encourage people</p> <p>I can start to think about the jobs I might like to do when I'm older</p> <p>I can feel proud when I achieve a goal</p>	<p>I can tell you some of the things I need to do to be healthy</p> <p>I know what the word 'healthy' means and that some foods are healthier than others</p> <p>I know how to help myself go to sleep and that sleep is good for me</p> <p>I can wash my hands and know it is important to do this before I eat and after I go to the toilet</p> <p>I know what to do if I get lost and how to say NO to strangers</p>	<p>I understand how to make friends if I feel lonely</p> <p>I can tell you some of the things I like about my friends</p> <p>I know what to say and do if somebody is mean to me</p> <p>I can use Calm Me time to manage my feelings</p> <p>I can work together and enjoy being with my friends – Link to PD</p>	<p>I can tell you some things I can do and some food I can eat to be healthy (linked to PD)</p> <p>I understand that we all start as babies and grow into children and then adults</p> <p>I know that I grow and change</p> <p>I can talk about how I feel moving to School from Nursery</p> <p>I can remember some fun things about Nursery this year</p>

**Observational Checkpoint:** Can children share and take turns with others, with adult guidance and understanding 'yours' and 'mine'? Can children settle at activities for a while? Can children play alongside others? Can children take part in pretend play, taking on a role such as Mummy or Daddy? Can children take part in pretend play with different roles such as the Goldilocks and the 3 Bears? Can children negotiate solutions to conflicts in their play?

	Reception	Development Matters (Reception)	<p><b><u>Jigsaw</u></b></p> <p>I understand how it feels to belong and that we are similar and different</p> <p>I can start to recognise and manage my feelings</p> <p>I enjoy working with others to make school a good place to be</p> <p>I understand why it is good to be kind and use gentle hands</p> <p>I am starting to understand children’s rights and this means we should all be allowed to learn and play</p> <p>I am learning what being responsible means</p> <p>Additional outcome linked to PD</p> <p>Children will be able to follow the school day routine e.g. lining up</p>	<p><b><u>Jigsaw</u></b></p> <p>I can identify something I am good at and understand everyone is good at different things</p> <p>I understand that being different makes us all special</p> <p>I know we are all different but the same in some ways</p> <p>I can tell you why I think my home is special to me</p> <p>I can tell you how to be a kind friend</p> <p>I know which words to use to stand up for myself when someone says or does something unkind</p>	<p><b><u>Jigsaw</u></b></p> <p>I understand that if I persevere I can tackle challenges</p> <p>I can tell you about a time I didn’t give up until I achieved my goal</p> <p>I can set a goal and work towards it</p> <p>I can use kind words to encourage people</p> <p>I understand the link between what I learn now and the job I might like to do when I’m older</p> <p>I can say how I feel when I achieve a goal and know what it means to feel proud</p>	<p><b><u>Jigsaw</u></b></p> <p>I understand that I need to exercise to keep my body healthy</p> <p>I understand how moving and resting are good for my body</p> <p>I know which foods are healthy and not so healthy and can make healthy eating choices</p> <p>I know how to help myself go to sleep and understand why sleep is good for me</p> <p>I can wash my hands thoroughly and understand why this is important especially before I eat and after I go to the toilet</p> <p>I know what a stranger is and how to stay safe if a stranger approaches me</p>	<p><b><u>Jigsaw</u></b></p> <p>I can identify some of the jobs I do in my family and how I feel like I belong</p> <p>I know how to make friends to stop myself from feeling lonely</p> <p>I can think of ways to solve problems and stay friends</p> <p>I am starting to understand the impact of unkind words</p> <p>I can use Calm Me time to manage my feelings</p> <p>I know how to be a good friend</p>	<p><b><u>Jigsaw</u></b></p> <p>I can name parts of the body</p> <p>I can tell you some things I can do and foods I can eat to be healthy</p> <p>I understand that we all grow from babies to adults</p> <p>I can express how I feel about moving to Year 1</p> <p>I can talk about my worries and/or the things I am looking forward to about being in Year 1</p> <p>I can share my memories of the best bits of this year in Reception</p> <p>NSPCC – Pants</p>
			<p><b><u>Self-Regulation:</u></b> Show an understanding of their own feelings and those of others, and begin to regulate their behaviour accordingly. Set and work towards simple goals, being able to wait for what they want and control their immediate impulses when appropriate. Give focused attention to what the teacher says, responding appropriately even when engaged in activity, and show an ability.</p> <p><b><u>Managing Self:</u></b> Be confident to try new activities and show independence, resilience and perseverance in the face of challenge. Explain the reasons for rules, know right from wrong and try to behave accordingly. Manage their own basic hygiene and personal needs, including dressing, going to the toilet and understanding the importance of healthy food choices.</p> <p><b><u>Building Relationships:</u></b> Work and play cooperatively and take turns with others. Form positive attachments to adults and friendships with peers. Show sensitivity to their own and to others’ needs.</p>					