

Action Plan for PE & Sport

For the academic year 2021-2022 Cheetwood will receive approximately £17,000.

Objective: To continue offering at least five hours of physical activity every week, comprising of at least two hours of quality PE at school. Teachers will be confident and competent in delivering the highest quality provision and the school will continue to promote the benefits of leading a healthy and active lifestyle.

Over previous years, the Sports Premium has been used to strengthen and improve PE and sporting provision in a range of ways, with a focus on promoting and allowing pupils to take part in extra-curricular clubs and activities. To ensure participation was high, the funding rolled over from the previous year was used to support the running of these.

Measuring the impact of the activities provided with sports premium funding can be achieved in different ways. We will look at progress in PE as well as other areas of development such as self-esteem, confidence and the numbers of pupils involved in sporting activities in and out of school. Assessments are made both formally and informally using our school assessment tool as well as feedback from staff and visitors to the school.

Curriculum

PE and sport continue to have a high profile in the school, A wide range of activities delivered across the school aims to engage and inspire all pupils. We are committed to ensuring that pupils receive at least two hours per week of high-quality PE. Over the year pupils will participate in games, athletics, dance and swimming. Throughout the year a range of activities and opportunities are offered to pupils, linking very closely to their spiritual, moral, cultural, social and physical development. During Year 6's usual annual residential visit to Ghyll Head in the Lake District, pupils are given the opportunity to participate in many different physical activities which include orienteering, canoeing, rock scrambling and caving. This residential has not taken place since autumn 2019 due to the pandemic, but the school plans to reinstate this positive enrichment experience in autumn 2022. In the summer term the annual Healthy Schools Week will be held again, encouraging the participation of all pupils in organised competitive and non-competitive activities.

The school has good links with outside organisations to enrich the variety of activities provided, This also gives staff valued CPD. Coaches from Manchester City, Salford Reds, Bike Right and The Northern Lawn Tennis Club teach alongside school staff as part of their PE lessons. Talented pupils are signposted to local clubs and are encouraged to enter into competitive events to further develop their skills.

Beyond the School Day

The school is keen to provide a wide range of extra-curricular clubs for pupils throughout the year. Pupils enjoy the opportunity to participate in a wide range of sports, this could be during lunchtime, after school as part of a club or as part of a level 2 competition. Through pupils taking part in these extra-curricular clubs, the school is then able to enter a wide range of city-wide competitions over the year thereby increasing participation levels in competitive sport.

During the height of the COVID-19 pandemic, based on government advice, extra-curricular activities were suspended. As restrictions are lifting, we have begun once more to reintroduce a programme of extra-curricular activities, albeit currently in a reduced manner. We firmly believe that sport is an important contributor to a pupil's physical and emotional health, it builds individual and cooperative skills, as well as team spirit. Pupils enjoy the opportunity to try several sports, such as netball, badminton, football, multi-skills, rounders, ballet and basketball.

To ensure equality for all, we ensure that financial constraints are not a barrier to pupil participation, therefore all extra-curricular sporting activities are free and any costs are covered by the PE & Sports Premium Grant.

The focus this year was to successfully re-establish the high-quality PE, sport and physical activity offer we had in place before the COVID pandemic now that restrictions have been lifted.

Key Indicator	Target	Action to be taken	Success Criteria/Impact	Cost
<p>Key Indicator 1: The engagement of all pupils in regular physical activity – Chief Medical Officers guidelines recommend that primary school pupils undertake at least 30 minutes of physical activity a day in school</p>	<p>To continue to increase physical activity for children during lunch breaks</p> <p>To ensure children have a range of quality equipment and large and small apparatus to engage with at break times and during PE lessons.</p> <p>To continue offering at least five hours of physical activity every week, comprising of at least two hours of quality PE at school.</p>	<p>PE Coordinator to train upper KS2 pupils as play leaders to encourage physical activity in lower KS2 and KS1 pupils.</p> <p>Purchase apparatus and equipment.</p> <p>Re-establishing safe practice and routines with pupils.</p> <p>Rotas are in place to allow fair and safe access for all pupils throughout the week.</p> <p>Reorganise staff supervision/activities on the Playground at lunchtime and break times.</p> <p>Ongoing monitoring and review of equipment and apparatus and replacement as appropriate.</p> <p>In the Autumn term, Manchester City coaches will provide an additional six-week workshop for year 1 and year 4 which will</p>	<p>All classes receive 2 hours of taught PE</p> <p>Extra-curricular clubs offered to all pupils across the school – high uptake for all clubs</p> <p>Active lunchtimes</p> <p>Links with external clubs, shared regularly via leaflets and newsletter</p> <p>New sports leaders appointed from Year 5/6 to support at break/lunch times</p> <p>The whole school participated in Sports Week</p>	<p>£10,000</p>

		focus on the pupil's Physical and Mental Well-being.		
<p>Key indicator 2: The profile of PESSPA being raised across the school as a tool for whole-school improvement</p>	<p>Continuing to promote PE and sport in the school by establishing and permanent PE uniform policy.</p> <p>Continue to promote the importance of engaging with PE and Sport both inside and out of school and celebrate achievements.</p> <p>Ensure a highly effective curriculum is in place where all children engage, make good progress, achieve and enjoy their PE lessons.</p>	<p>Re-establish clear guidance to parents on PE uniform requirements.</p> <p>Celebrate engagement and achievements in PE and sports inside and out of school through displays and on the weekly newsletter and website.</p> <p>Signpost and promote activities inside and outside of school.</p> <p>Effective planning is in place to ensure there is a clear progression of skills and knowledge as pupils progress through the school.</p> <p>A clear assessments tool is in place to support planning and progress, including ICT equipment to help evidence.</p> <p>Continue to use the services of professional coaches to work and share expertise with staff and pupils.</p>	<p>Competitions and events are shared via the websites & newsletters.</p> <p>Pupil's levels of engagement and enjoyment have increased</p> <p>Pupils have been presented with awards in assemblies</p> <p>Increased numbers of pupils wishing to be sports crew this year</p> <p>Parents attended and participated in both Sports Days</p> <p>Feedback from parents very positive in being invited back post covid</p>	£3000

		<p>Mental-wellbeing lessons to be delivered to pupils in the Autumn term by Manchester City.</p> <p>Pupils across the school are to be offered additional cycle training delivered by Bike Right.</p>		
<p>Key indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport</p>	<p>Continue to improve the quality of teaching PE and sport for all staff.</p> <p>Continue to develop the role of the PE lead to guide, train, assist and inspire staff.</p>	<p>Provide CPD from a professional sports coach and other specialists to ensure effective teaching across the breadth of the subject.</p> <p>CPD and Networking opportunities provided through by MPEA.</p> <p>Ensure the PE lead has subject time and the ICT equipment to support the role with the recent change in his role.</p>	<p>Team teaching with coaches weekly for staff from Nursery to Year 4</p> <p>All staff offered continued support as and when required from PE Co-coordinator</p> <p>A Rugby coach taught Year 5 alongside the teacher in the summer term</p> <p>PE Coordinator attended termly subject leader meetings</p> <p>Support staff with expertise used to run clubs and support in lessons</p>	£2000

<p>Key indicator 4: Broader experience of a range of sports and activities offered to all pupils</p>	<p>Continue to expose and encourage the pupils to participate in a wide range of physical activities especially sports and activities not normally covered in PE lessons.</p> <p>Ensure SEND pupils have opportunities to access a wide range of sports.</p>	<p>Plan and deliver the annual Healthy Schools week alongside specialist providers in delivering taster sessions for pupils in a wide range of sports.</p> <p>Ensure the use of specialised equipment to meet the needs of the pupils.</p>	<p>Learning journeys are written, a wider range of skills, and sports are being taught</p> <p>All pupil experience a variety of sports</p> <p>Sports facilities improved</p> <p>Play equipment improved and updated</p> <p>Sports-hall and playground zoning is used for a range of sports and activities, enabling more experiences for pupils during breaks and lunchtimes and PE lessons</p> <p>External coaches for rugby, fitness, dance, tennis, squash and EYFS</p>	<p>£1000</p>
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<p>Key indicator 5: Increased participation in competitive sport</p>	<p>For pupils to participate in inter-school competitions. For pupils to compete in intra-school competitions.</p>	<p>Re-enrol in the MPEA to compete against other schools in a variety of sports. Re-establish links with local schools to provide the opportunity for competition. Ensure competition is incorporated into PE plans to ensure there is some form of competition in the majority of PE lessons.</p>	<p>Participated in our first inter-school competition with a local school in the summer post covid Attended a multi-sports event alongside several primary schools as part of a local equality & diversity event Competitions held by the majority of classes at the end of each games unit A whole school sports week took place in the summer term which included key stage sports days A range of sports activities run/refereed by sports leaders</p>	<p>£1000</p>
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Key achievements to date:	Areas for further improvement and baseline evidence of need:
<ul style="list-style-type: none"> • PE, Physical Activity and Sport continuously promoted across the school • Medium and long-term planning shows a broad and balanced curriculum • Active playtimes encouraged • Sports Crew (Young Leaders) • A broad range of extra-curricular clubs on offer (Free to parents) • Regular CPD (Team teaching) – Increasing staff confidence particularly in games • Pre-covid participated in regular inter-school competitions across Manchester • Positive feedback from pupils and parents via questionnaires • School Games Quality Mark: <ul style="list-style-type: none"> ○ 2013 - Bronze ○ 2014 - Bronze ○ 2015 - Bronze ○ 2016 - Silver ○ 2017 - Silver ○ 2018 - Silver ○ 2019 – Gold ○ 2020/2021 – n/a 	<ul style="list-style-type: none"> • Continue to look into offering a variety of extra-curricular clubs and ensure maximum uptake • Increase the number of community club links that we have • Increase the number of pupils achieving ARE each year including SEND pupils • Raise awareness and engagement of local sports teams, facilities and national events • Increase staff confidence through CPD to improve the quality of teaching for dance and gymnastics

Swimming Data

	The % of pupils that are able to swim 25m without the use of swimming aids	The % of pupils that are able to demonstrate a range of recognised swimming strokes	The % of pupils able to perform a safe self-rescue
2022 Leavers	50%	19%	0%
Current Y6	60%	27%	54%
Current Y5	77%	63%	70%