

Action Plan for the PE & Sport Premium

The DfE announced that from September 2017 the PE and Sports Premium would double. For the 2020-2021 academic year, it is anticipated that Cheetwood will therefore receive approximately £18,000

Objective

To continue offering at least four hours per week for every pupil, comprising of at least two hours quality PE, physical activity and school sport. Teachers will be confident and competent in delivering the highest quality provision and the school will continue to promote the benefits of leading a healthy and active lifestyle.

Below is an outline of this year's action plan. The focus this year will be to continue providing high-quality PE in-line with the national curriculum requirements, ensuring staff have the CPD, training and support required to provide the skills and knowledge to continue the sporting legacy created by the 2012 Olympic Games.

Curriculum

PE will continue to have a high profile in the school, A wide range of activities delivered across the school aims to engage and inspire all pupils. We are committed to ensuring that pupils receive at least two hours per week of high-quality PE. Over the year pupils will participate in games, athletics, dance, gymnastics and swimming.

Throughout the year a range of different activities/themed weeks will be held where pupils participate in a wide range of activities and taster sessions linking very closely to their spiritual, moral, cultural, social and physical development. In the summer term, the annual Healthy Schools Week will be held again, encouraging the participation of all pupils in organised competitive and non-competitive activities.

Strong links which already exist with outside organisations will further enrich the variety of activities provided by the school. Support from outside organisations gives staff valuable CPD. Coaches from Manchester City, Manchester Giants and The Northern Tennis Club alongside school staff as part of their PE lessons. Talented pupils are signposted to local clubs and are encouraged to enter into competitive events to further develop their skills and experiences.

Beyond the School Day

The school is keen to provide a wide range of extra-curricular clubs for pupils throughout the year that are delivered by sports coaches, teaching staff and the PE Leader. These clubs are offered to pupils all year round at no cost to parents. Pupils will be provided with the opportunity to participate in many sports, such as netball, tag rugby, football, multi-skills, cricket, rounders, athletics, ballet and cross country over the school year. This could either be after school as part of a club, at a level 2 competition or during lunchtimes.

Over the year additional clubs may be introduced, these could be for identified groups of pupils (Gifted & Talented, EAL & SEN). Through pupils taking part in these extra-curricular clubs, the school is able to enter a wide range of city-wide competitions over the year thereby increasing participation levels in competitive sport.

Manchester City Football Club

City in the community's vision for primary schools is to provide an inclusive and varied programme that links to the National Curriculum in addition to supporting and enhancing what our school currently delivers. The Premier League Primary Stars programme is National Curriculum based education programme that used the appeal of Manchester City Football Club and the Premier League to inspire pupils to learn, be active and develop important life skills.

The City Play programme is aimed at children between 2 and 5 years old in our EYFS, this programmes fundamental objective is to build and develop the fundamental movement skills of pupils by delivering engaging and inclusive physical activity sessions specially designed for this age and development stage.

Over the academic year we also have the opportunity to access the following additional complimentary programmes:

- Disability awareness day
- City Stars Literacy
- City Stars Numeracy
- City Stars ICT
- City Lifestyles

Target No	Target	Action to be taken	Persons responsible	Success Criteria	Cost (estimated)
1	Continue to increase participation in sport and physical activity with pupils in EYFS & KS1	MCFC coaches in both EYFS & KS1 to further enrich PE & sport and at the same time further develop staffs' CPD	CN	A measurable difference in pupil attainment in PE will be seen Staff will have more confidence and knowledge when delivering PE lessons	MCFC - £6000
2	Continue to increase the number of competitive opportunities given to pupils, with the focus on personal best in all activities.	Member of the Manchester Primary School PE Association Introduce a programme of intra-class level 1 competition over the year Focus on competition/personal challenge in all PE lessons Plan and run the annual healthy school's week, this will include sports day	CN & Teachers	Competition will reach all pupils at the appropriate level, whether to challenge the more able pupils or support participation. Pupils in school will be given a competitive opportunity in PE lessons. Level 1 competitions to take place half termly. Year 5 and Year 6 pupils will be offered the opportunity to participate in Level 2 competitions.	Annual membership cost - £300 Transport - £600 Healthy Schools Week - £1000
3	Continue to increase participation in extra-curricular clubs, with clubs targeted at identified groups of pupils (Gifted & Talented etc).	Continue to run an increased variety of lunchtime and after school clubs (When safe to do so) The coach from MCFC to provide a break-time and lunchtime club every Thursday with a different class each half-term.	CN & external coaches	Pupils will be provided with new opportunities to take part in sport across the school day, further improving the skills already being delivered as part of the curriculum. The number of pupils in each year group meeting age-related expectations will increase compared to last year.	Extra-curricular Clubs - £3000

		Introduce a new lunchtime club to bridge the gap for those pupils not meeting age-related expectations.			
4	Continue to develop and enhance the skills and knowledge of staff in the school.	<p>Staff skills audit to determine what training/support is needed</p> <p>Experienced coaches to work alongside staff in the delivery of high-quality PE lessons to offer support and guidance to our staff</p> <p>PE Co-coordinator to continue to attend training and regional update meetings.</p> <p>An increase in staff using ICT to enhance the assessment and evidencing of progress made</p>	CN	The standard and quality of teaching and learning in PE will improve while at the same time improve staffs' confidence to deliver high-quality PE lessons.	<p>CPD - £2000</p> <p>I-pad - £400</p>
5	<p>Raise the profile of 'healthy & active lifestyles' through a range of means across the school.</p> <p>Equipment and resources are available for all year groups and used appropriately. Any</p>	<p>Continue with the school's Sports Crew, The use of Sports Crew to deliver activities at lunchtime as a means of engaging pupils.</p> <p>New playground equipment to encourage pupils to be more physically active, Pupils will have ownership</p>	CN	<p>Using the "Childhood Obesity – A Plan for Action" as a guide, a more enriched curriculum with opportunities and experiences will be provided for pupils to explore a range of activities and develop skills in all aspects of physical education and healthy lifestyles.</p> <p>Families will understand the importance</p>	<p>PE Equipment & Maintenance £1500</p> <p>Sports Crew - £500</p> <p>Playtime equipment £ - £1000</p>

	<p>items damaged are repaired or discarded, ensuring PE resources are available and fit for purpose.</p>	<p>of this by having the opportunity as a class to choose what they would like.</p> <p>New equipment to be purchased to enhance the pupils' experience of PE and sport and further enrich the curriculum on offer.</p> <p>When safe to do so a coach from MCFC to work for a term with 10 families engaging them on how to make a healthy life choice.</p> <p>PE equipment audited and renewed, Repairs and maintenance of equipment and apparatus is overseen.</p>		<p>of a healthy and balanced diet. To be able to put this into practice at home to help improve their wellbeing and health</p>	
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School Swimming

Schools must also report on the impact of their swimming provision, our pupils attend swimming lessons weekly throughout Year 4. As of October 2020, due to the on-going Covid-19 situation the current Year 4 cohort have not started their swimming lessons.

	17/18	18/19	19/20
What percentage of your Year 4 cohort swim competently, confidently and proficiently over a distance of at least 25 metres?	94%	89%	50% *As of February 2020
What percentage of your Year 4 cohort use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]?	32%	46%	n/a
What percentage of your Year 4 cohort perform safe self-rescue in different water-based situations?	65%	68%	n/a
Schools can choose to use the Primary PE and Sports Premium to provide additional provision for swimming but this must be for activity over and above the national curriculum requirements. Have you used it in this way?	No		

*There is a plan in place for the 19/20 cohort to attend swimming lessons for at least half a term before they leave Year 6.

Physical activity, physical education and school sport are similar in that they all include physical movement, but there are important differences between them, as outlined below:

Physical Education is the planned, progressive learning that takes place in school curriculum timetabled time and which is delivered to all pupils. This involves both 'learning to move' (i.e. becoming more physically competent) and 'moving to learn' (e.g. learning through movement, a range of skills and understandings beyond physical activity, such as co-operating with others). The context for the learning is physical activity, with children experiencing a broad range of activities, including sport and dance

Physical Activity is a broad term referring to all bodily movement that uses energy. It includes all forms of physical education, sports and dance activities. However, it is wider than this, as it also includes indoor and outdoor play, work-related activity, outdoor and adventurous activities, active travel (e.g. walking, cycling, rollerblading, scooting) and routine, habitual activities such as using the stairs, doing housework and gardening.

School Sport is the structured learning that takes place beyond the curriculum (i.e. in the extended curriculum) within school settings; this is sometimes referred to as out-of-school-hours learning. Again, the context for the learning is physical activity. The 'school sport' programme has the potential to develop and broaden the foundation learning that takes place in physical education. It also forms a vital link with 'community sport and activity'.