



CHEETWOOD PE & SPORTS NEWSLETTER

July 2019



As you may already know, in April 2013 the government announced £150 million worth of school funding for physical education and sport as part of the 'Olympic Legacy'. It is intended that the funding is used to improve the quality of PE and provision in all state schools. Like all other schools, Cheetwood received this funding again in September 2018 and will do so again for the next academic year.

As a school, we are free to determine how best we use this funding. It has been decided by myself and the schools Sports Crew that our key objective should be to increase participation in PE and sport so that all pupils develop healthy lifestyles and reach the performance level they are capable of. The school receives approximately £18000.

DfE Vision Statement for Primary PE and Sports Premium

All pupils leave primary school physically literate and with the knowledge, skills and motivation necessary to equip them for a healthy, active lifestyle and lifelong participation in physical activity and sport.

How are we using the funding to benefit our pupils:

- Continuing to enrich the PE curriculum through the use of specialist sports coaches to work alongside teachers in delivering high quality PE lessons and ensuring continued professional development for our staff
- Through our commitment to delivering high quality PE, developing strong links with a number of organisations: The Manchester PE Association, Manchester Healthy Schools Team, Pure Gym, The Northern Lawn Tennis Club, Badminton England, Manchester Giants, British Takewondo and Manchester City Football Club
- Continuing to provide a wide range of free extra-curricular sporting activities to increase pupils participation in sports
- Developing our young sports leaders (Sports Crew)
- Pupils having at least two hours of high quality PE each week
- Providing professional development opportunities for all our staff in school in-regards to PE and healthy lifestyles
- Continuing each year to have our Healthy Schools Sports Week in July
- Continue to increase extra curricular competitions and events that pupils attend, including; intra-class competitions which gives pupils more opportunities to take part in competitive sport and attending world class venues within the region
- Continue to promote local, regional and international sporting events which will see the school prepare for next years 2020 Olympic and Paralympic games in Japan



Curriculum News:

In 2016 we introduced a new scheme of work to coincide with the new curriculum, giving pupils more opportunity to engage and progress in physical education. Below is an overview of what your child will be learning in the first half term:

Autumn 1	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Session 1	Games Theme: Ball Skills Focus: Catching	Games Theme: Ball Skills Focus: Dribbling	Games Theme: Invasion Focus: Passing	Swimming & Water Safety	Games Theme: Invasion Focus: Shooting	Games Theme: Invasion Focus: Team-work
Session 2	Gymnastics Theme: Traveling Focus: Pathways	Gymnastics Theme: Balances Focus: Bridges	Gymnastics Theme: Traveling Focus: Speeds	Dance Theme: Barn Dances Focus: Body Sounds	Gymnastics Theme: Traveling Focus: Weight transfer	Gymnastics Theme: Rolling Focus: Symmetrical
Assessment Focus	Effective Participant	Active Learner	Team Worker	Team Worker	Active learner	Positive Leaner

If you have any questions or suggestions please email me at: C.Nordon@cheetwood.manchester.sch.uk

Extra Curricular Activities

The school is keen to provide a wide range of extra-curricular clubs for pupils throughout the year which are organised by the PE coordinator and delivered by sports coaches and teaching staff. Through the use of the Sports Premium we currently offer six free sports clubs to pupils in Years 1 to 6. From pupils taking part in these extra-curricular clubs we are able to enter a wide range of city-wide competitions over the year, therefore increasing participation levels in competitive sport.

Healthy Eating

We encourage all pupils in the school to eat healthily. This is done through a number of ways: dining room rewards, visitors in school and as part of the school's curriculum. We have introduced a Healthy Eating policy to further encourage our pupils to lead healthy lifestyles.

We work closely with the Manchester Healthy Schools Team. The programme actively support children, young people, school staff, governors, parents, carers and families to help improve the health and wellbeing of school aged children enabling them to make the most out of life and learning.

Competitions

This year we took part in over 13 city wide competitions across Manchester. This ensures pupils have an increased opportunity to take part in competitive sport. We are aiming to participate in even more next year.

Pupils in Year 6 also got to visit the Emirates Old Trafford Cricket Ground to watch Lancashire play Worcestershire in the county championship.

Year 5 were invited to attend the World Taekwondo Championships at the Manchester Arena to watch the worlds best taekwondo athletes complete for the title!

Swimming

We are committed to ensuring that every child leaves primary school able to swim confidently and proficiently for at least 25m. All pupils in Year 4 have visited Abraham Moss Leisure Centre every week. During that period trained swimming instructors delivered specific lessons dependent on pupil's swimming ability. This year over 86% of our pupils achieved the target of swimming 25m award without the use of a swimming aid!

Manchester City

City Play is a bespoke programme that provides physical activity sessions for children in Nursery all the way to Year 2. Each themed session delivers a variety of different fundamental movements and skills in a fun, engaging and inclusive environment. For Nursery and Reception these sessions reflect the seven areas of learning within the EYFS framework and help children to meet the nationally recognised 3 hours of physical activity per day. Our overall aim is for children to improve their physical development and enjoy leading an active lifestyle from a young age.



Bikeability & Balanceability

Each year the school takes part in the Bikeability programme, giving pupils in Year 5 & 6 the opportunity to learn the skills and confidence to ride their bikes on today's roads.

This year pupils in EYFS have also been given the opportunity to take part in learning the skills needed to ride a bike safely.



North Manchester Basketball Tournament



PE Kit

It is very important that children come to school equipped with the necessary clothing and footwear in order to take part in PE and sport. It is advised that kit is left in school from Monday to Friday. Parents are welcome to take kit home over the weekend in order for it to be washed and returned on the following Monday.

Indoors

Plain white t-shirt and black shorts (not denim), bare feet
Close fitting black leggings may be worn

Outdoors

Plain white t-shirt and black shorts (not denim),
or tracksuit bottoms
Trainers



Over the summer we will be assessed once again for the School Games Mark. In 2015 we achieved our first Silver Award and we hope to do the same again this year!

What is the School Games Mark?

The school games mark is a government led awards scheme launched in 2012 to reward schools for their commitment to the development of competition across their school. OFSTED use the Mark Award as part of their inspection framework and schools can use it as a development tool to aid the PE coordinator and Headteacher.



Netball Tournament